

Nashua-Plainfield Silver Cord Activity Reflection

Directions: You must choose at least two of your volunteer experiences to reflect on before you turn in your final Nashua-Plainfield Silver Cord Activity Log at the end of each year. For each reflection, choose one question from each category to answer. Each question should be answered in a minimum 150 word response. Specify with a heading which question you are reflecting on from each category.

Category 1: So What?

1. How does your understanding of the community change as a result of your participation in this project?

2. Discuss successes and challenges you faced in your experience. What did you learn from this?

3. How has your experience affected the way you view the world? Explain.

Category 2: Now What?

1. How do you plan on applying what you have learned to the rest of your life?

2. How can you continue involvement in this experience or group?

3. If you could do the project again, what would you do differently?